

# Positive Influences

*Facing challenges today for blessings tomorrow*



## Family Tree Program

PositiveInfluences.org  
8828 N. Stemmons Frwy. Suite 225  
Dallas, TX 75201  
Phone: 469-227-7847  
Web: [www.PositiveInfluences.org](http://www.PositiveInfluences.org)

### General Eligibility

Youth is under 18 years old, and meets one of the following criteria:

1. There is family conflict or
2. Youth has runaway, or
3. Youth has been truant, or
4. Youth has been delinquent

The Family Tree Program provides **family counseling at no cost to the family** (Funded by the state of Texas, TDFPS-STAR) to youth and their families in Denton and Dallas Counties.

## Is this too good to be true?

### 1. Free?

Yes. Paid for by the State of Texas.

### 2. Are you using college interns or something?

No. Our therapists are licensed professionals. Other clients pay them \$100+/ hour for their services.

### 3. Is there an income limit to be eligible?

No. If Bill Gate's daughter starts missing curfew and arguing with her parents, they would be eligible.

### 4. Are these normal families like mine?

Yes. Most of our families need help with basic parent-child communication, parenting, or common teen issues.

### 5. Does it help?

It seems to. There is documented evidence from over 5500 families who have accessed the services.

### 6. Are there eligibility exceptions?

Yes. We can't serve some with CPS cases and we can't serve adjudicated youth. We CAN serve deferred adjudication youth. Clients must enter into services voluntarily, and their presenting problem must be appropriate for brief therapy.

## Program Details

### Professional Credentials

Master Level Counselors  
Professional Parent Facilitators

### Frequency of Services

Weekly counseling services  
Weekly parenting education  
Weekly youth groups  
Eligible for at least 4 sessions, a limit of 6  
*(groups begin when at least six families are enrolled in the program)*

### Partnership with Community Center

Staff will schedule days at the community center for families in the area

### How does my family get started?

A phone intake – Call 469-227-7847  
Scheduling of appointment

### Goals of the program

Counseling and group goals will address issues, behaviors, thinking, or feeling that relate to:

- 1) increasing the likelihood that the youth will remain in, or return to the family.
- 2) relieve the stress/conflict in the home, and/or
- 3) the development of family skills that they may use to resolve future problems.